

AUSTRALIAN WOMEN'S AMATEUR

ATHLETIC UNION

Founded 1932.

ANNUAL REPORT
AND
FINANCIAL STATEMENT

1978

AUSTRALIAN WOMEN'S AMATEUR ATHLETIC UNION

OFFICE BEARERS

PRESIDENT: Mrs. M. Robinson, MBE.,
VICE PRESIDENT: Mrs. E. McMinn, AM.

LIFE MEMBERS

Miss G. Bull
Mrs. M. Cahill
Mrs. M. Ebzery, OAM
Miss N. Gould, BEM
Mrs. M. McQuiston, BEM
Mrs. D. Magee, MBE
Miss L. Neville
Mrs. M. Robinson, MBE
Mr. G. Carruthers, FASA (Associate
Life Member)

EXECUTIVE

Mrs. J. Bonwick	Queensland
Mrs. M. Ebzery, OAM.	Tasmania
Mrs. V. Hancock	Western Australia
Mrs. M. McQuiston, BEM	Victoria
Mrs. N. Shepherd	South Australia
Mrs. F. Wrighter, BEM	New South Wales

HONORARY STATISTICS OFFICER

Miss L. Neville

SELECTION COMMITTEE

Mrs. W. Ey, BEM.
Mrs. M. McQuiston, BEM
Mrs. D. Magee, MBE

RECORDS COMMITTEE

Mrs. M. Ebzery, OAM.
Mrs. D. Magee, MBE
Mrs. F. Wrighter, BEM
(Recorder)

HONORARY AUDITOR

Mr. G. Carruthers, FASA

HONORARY LEGAL ADVISER

Mr. P. Opas, QC.

HONORARY TREASURER

Miss N. Gould, BEM
5/41 Station Street,
KOGARAH. N.S.W. 2217

HONORARY SECRETARY

Mrs. D. Magee, MBE
26 French Street,
MAROUBRA. N.S.W. 2035

AUSTRALIAN WOMEN'S AMATEUR ATHLETIC UNION

ANNUAL REPORT AND FINANCIAL STATEMENT

Presented to delegates of affiliated Associations at the Twenty-eighth Conference, held at Ansett Airways City Terminal Building, North Quay, Brisbane, Queensland, on Wednesday 15th March, 1978 at 10am.

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It is the Twenty-Seventh

Ladies,

The Twenty-eighth Annual Report and Financial Statement is presented for your consideration.

Due to Australia's hemispherical situation our competitors always have the disadvantage of lack of adequate international competition and "out of season" participation in all major international meets.

Therefore, it was particularly rewarding that during the past year our athletes were afforded the opportunity of competing in several top-level meets - the Australia v New Zealand match, World Cup, Puerto Rico Mini-marathon, Pacific Conference Games and the satellite meets which followed.

It is anticipated that these together with the incentive of the 1978 Australia v New Zealand match and the Commonwealth Games at Edmonton will materially assist in engendering good performances at this year's National Track and Field Championships.

Highlight of the year was the offer of sponsorship by the Australian Guarantee Corporation of \$ 20,000 for promotions.

A visit by a junior team was planned to Japan in April, but due to other commitments, Japan has asked that this be deferred until November.

A junior match against the U.S.A. in Hawaii is now being planned for April or May, together with a visit by an Australian cross country team to New Zealand, a top ranking nation in that field.

It is both disappointing and frustrating that delays of months by the countrise concerned in acknowledgements have hampered our forward planning.

It is now assured that our "Moscow Potentials" will be afforded the opportunity of a week's camp at Narrabeen National Fitness Centre, Sydney, for concentrated coaching by both track, field games and jumps coaches of international standing, possibly assisted by a panel of coaches from the International Amateur Athletic Federation.

We are grateful to our sponsors, Australian Guarantee Corporation and Rothman's Sports Foundation, who are enabling the Union to up-date our sport.

Best wishes to the Managers and Teams to represent us at the Australia v New Zealand match and the Commonwealth Games, 1978.

REGISTRATIONS

We are pleased to report, again, a substantial increase of membership and, on this occasion, in every State, obviously due to the high level of administration of our Constituent Associations.

<u>State</u>	<u>Senior</u>	<u>Junior</u>	<u>Sub/Jnr.</u>	<u>Officials</u>	<u>Totals</u>	
					<u>1976/77</u>	<u>1977/78</u>
New South Wales	366	572	1439	990	2663	2707
Queensland	74	180	424	111	722	789
South Australia	89	98	181	83	418	451
Tasmania	30	98	262	76	441	466
Victoria	983	446	901	920	2000	2050
Western Australia	71	106	183	120	408	480
					<u>6,655</u>	<u>6,943</u>

CONFERENCE

The Twenty-seventh Conference of the Union was held at the N.S.W. Leagues' Club, Sydney, on March 3rd and 4th, 1977, presided over by our President, Mrs. Mabel Robinson, MBE.

Office bearers and Committees appointed at the Conference are listed on the inside front cover of the Report.

Those who attended were:-

Delegates-

New South Wales	Mesdames D. Magee, MBE., F. Wrighter, BEM
Queensland	Mesdames J. Bonwick, E. McMinn, AM.
South Australia	Mesdames W. Ey, BEM., N. Shepherd
Tasmania	Mesdames M. Ebzery, OAM., D. Frawley
Victoria	Mesdames M. McQuiston, BEM., K. Wildman
Western Australia	Mrs. V. Hancock
Vice President	Mrs. Z. Fibbins
Life Members	Mrs. M. Cahill, Miss N. Gould, BEM (Hon. Treasurer), Miss L. Neville (Statistics Officer).

AUSTRALIAN WOMEN'S TRACK & FIELD CHAMPIONSHIPS

The 1977 Australian Women's Track & Field Championships were conducted by the New South Wales Women's Amateur Athletic Association, on behalf of the Australian Women's Amateur Athletic Union, and held at the Sydney Sports Ground on 3rd 5th and 6th March, 1977. Torrential rain for over a week prior to the Championships caused much concern, and the groundsman had great difficulty in preparing the ground for competition. Our thanks go to the Sydney Cricket & Sports Ground Trust, the Curator, Mr Bill Drake, and the groundsman for the hard work that was required to get the ground in such good condition.

SPONSORSHIP

We were fortunate in having sponsors to help cover the expenses of the Championships. The Australian Guarantee Corporation was the main sponsor, and we are most grateful to its personnel for the assistance they gave to us, particularly for efforts in endeavouring to gain publicity. The Commonwealth Bank sponsored the printing of the programmes, and Adidas, Coca-Cola and Sportavite helped financially by inserting advertisements in the programme. The Australian Guarantee Corporation also covered the expense of the entertainment for the Officials' Dinner.

TELEVISION

The Australian Broadcasting Commission paid a fee of \$1000 for television rights but \$400 of this had to be paid to the Sydney Cricket Ground Trust, this being a condition of the hire of the Sports Ground.

PUBLICITY

Publicity prior to the commencement of the Championships was most disappointing, despite the considerable amount of work that had been done in supplying performances and other material to the Media. The Australian Guarantee Corporation representative made daily calls to the Media, whilst the Hon. Secretary was in constant touch with the newspapers, but very little appeared in the Press. Paid advertisements were inserted in two morning and two evening newspapers.

TEAM ARRIVAL

Teams were met at the airport by the Association Hon. Secretary who introduced the Team Managers to their Liaison Officers. The Association arranged for a case of assorted fruit to be left at the Motels for each visiting team. Programmes and other information were given to all team members on arrival in Sydney.

TRAINING FACILITIES

Training facilities were arranged at Rushcutters Bay Oval, Sydney Athletic Field and Hensley Athletic Field, with the Sydney Sports Ground being available for this purpose on the Friday. Unfortunately training was very difficult to organise due, again, to the heavy rain and the grounds being under water.

WARM UP AREA

Approaches were made to use the No.2 Cricket Ground, adjacent to the Sports Ground, for this purpose but the ground was not available due to scheduled cricket matches. However we were able to obtain the area in front of the Sydney Sports Ground, and although this was not a first class running area we thank the City Council for its use, as it is normally used each weekend for cricket.

OFFICIALS

We had over 100 officials help at the Championships, all of whom were registered with the Association. We sincerely thank them for their valued assistance.

OPENING CEREMONY

A March consisting of ten athletes from each State, together with the technical officials, was conducted on the Thursday morning. This was followed by the Official Opening of the Championships by the President of the Australian Women's Amateur Athletic Union, Mrs. Mabel Robinson, MBE.

COMPETITION

After so much rain the track was not geared for records but it is pleasing to report that some Australian and New South Wales records were broken. Despite the inclement weather the programme ran to time, competition quite keen and, from indications, enjoyed by the athletes. From Championship performances the Australian Selectors named a squad to participate in the Pacific Conference Games Trials to be held in Canberra in December.

INTRODUCTION

On the Saturday the N.S.W. Minister for Sport and Recreation, Hon. Ken Booth MIA, was introduced to spectators. Mr Booth spoke briefly wishing success to the Championships.

RESULTS

Results were supplied each day to the Media, State Secretaries, State Team Managers and other Officials. Unfortunately at times the photo-copier would not work but our thanks go to the Results Officials who continued on by typing stencils and duplicating results.

REFRESHMENTS

Light refreshments were obtainable for sale at the Sydney Sports Ground Kiosk on all days. The Association Social Committee provided lunch on the Thursday and afternoon tea on the Saturday and Sunday for all officials, team managers, State Officials and V.I.P's. This involved a great deal of preparation and work and our thanks and appreciation are extended to the Social Committee members.

ENTERTAINMENT

A Smorgasbord Dinner was held at the N.S.W. Rugby Leagues Club for Officials and friends on the Friday night. As it was felt that functions for athletes should be at a minimum, as they do not always like to be organised, it was left to the Club Liaison Officers to arrange entertainment for their team.

FINANCE

We are pleased to report that a profit was made from the Championships. A copy of the Balance Sheet is included in this report.

CLOSING CEREMONY

All State team athletes, together with the officials, marched on to the ground for the Closing Ceremony. The Australian Women's Amateur Athletic Union President, Mrs Mabel Robinson, MBE, presented the Doris Mulcahy Shield (for wins in open championships) to Victoria and the Doris Magee Shield (for wins in junior championships) to Queensland. Our Congratulations to these two States on their splendid performances. Mrs Robinson then declared the 1977 Championships closed, and asked the women athletes of Australia to assemble at Brisbane next year for the 1978 Australian Women's Track & Field Championships.

CONCLUSION

We express our thanks and appreciation to all states for their support throughout the Championships. We had our problems, particularly with the weather, but co-operation from the technical officials and State Team Managers helped make the Championships a success.

Flo Wrighter
Hon. Secretary N.S.W. W.A.A.A.

RESULTSOPEN CHAMPIONSHIPS

100 metres:	R. Boyle (WA) 11.2; D. Wells (NSW) 11.4; B. Wilson (Qld) 11.4; L. Jacenko (NSW) 11.5; R. Boak (Vic) 11.5; C. Beazley (WA) 11.7;
200 metres:	R. Boyle (WA) 22.9; D. Wells (NSW) 23.4; B. Wilson (Qld) 23.7; R. Boak (Vic) 23.8; L. Jacenko (NSW) 23.8; I. Wangman (Vic) 24.1;
400 metres:	M. Fisher (Vic) 53.9; B. Nail (WA) 54.2; V. Burnard (SA) 54.3; T. Wangman (Vic) 54.3; M. Johnston (Vic) 55.3; H. Rowan (SA) 55.6;
800 metres:	P. Gray (Tas) 2:05.5; P. Lazarakis (WA) 2:06.7; A. Cook (NSW-AC) 2:07.7; A. Wrench (Vic) 2:09.3; M. Serritelli (Vic) 2:11.9; C. Vincent (NSW) 2:14.1
1500 metres:	A. Cook (NSW-AC) 4:23.3; P. Gray (Tas) 4:27.8; P. Lazarakis (WA) 4:30.2; A. Wrench (Vic) 4:35.5; C. Vincent (NSW) 4:36.2; J. Windred (NSW) 4:44.9;
3000 metres:	P. Lazarakis (WA) 9:57.2; A. Lord (Vic) 10:04.0; G. Clews (WA) 10:09.0; E. Richards (NSW) 10:12.2; B. Stanford (NSW) 10:30.2; C. Williamson (SA) 10:34.8;
100m hdl:	P. Gillies (NSW) 13.3; C. Boswell (SA) 13.8; R. Gelle (WA) 14.1; E. Hooker (Vic) 14.4;
400m hdl:	C. Campton (NSW) 14.5; H. Merriman (SA) 14.6; M. Fisher (Vic) 59.3; C. Campton (NSW) 60.5; C. Godlewski (NSW) 63.2; K. O'Connell (WA) 66.9; R. McLean (Qld) 75.1;
3000m Walk:	S. Orr (Vic) 14:09.2; L. Harpur (SA) 14:41.0; R. Thompson (NSW) 14:52.2; P. Burke (NSW) 15:10.6; K. Russell (NSW-AC) 15:32.6; T. Shephard (NSW) 15:44.0;
4x100 relay:	Western Australia (R. Gelle, B. Nail, C. Beazley, R. Boyle) 45.4; New South Wales (L. Jacenko, K. Pearson, S. Procter, D. Wells) 45.7; Queensland (B. Freeman, B. Wilson, H. Edwards, N. Jones) 46.1; Victoria (M. Fisher, C. Dale, T. Wangman, R. Boak) 46.1; South Australia (L. Silkstone, C. Bosell, V. Burnard, J. Nadebaum) 47.3.
4x400 relay:	Victoria (T. Wangman, C. Dale, M. Johnston, M. Fisher) 3:37.8; Western Australia (P. Lazarakis, C. Beazley, R. Boyle, B. Nail) 3:40.4; South Australia (J. Nadebaum, H. Rowan, J. Deer, V. Burnard) 3:43.8; Queensland (N. Jones, H. Wright, B. Freeman, M. Mackereth) 3:45.8; New South Wales (S. Sames, K. Crean, C. Campton, J. Schwass) 3:47.0
High Jump:	C. Anison (WA) 1.77; V. Brown (WA) 1.74; K. Gibbs (NSW) 1.74; H. Merriman (SA) 1.68; C. Soanes (Vic) 1.68; C. Sharp (Vic) 1.65;
Long Jump:	L. Jacenko (NSW) 6.45; E. Hooker (Vic) 6.05; G. Booth (NSW) 5.85; L. Parr (NSW) 5.81; E. Hindle (WA) 5.75; B. Wilson (Wld) 5.70;
Discus:	G. Mulhall (Vic) 53.48; D. Ashford (NSW) 51.12; C. Schultz (Vic) 47.06; H. Hartnig (NSW) 43.90; J. Keam (NSW-AC) 43.76; G. Henderson (Qld) 42.02;

- Javelins: P. Mathews (Vic) 55.08; T. Wrenn (WA) 51.16; J. Riley (Qld) 50.74; J. Klaboom (SA) 46.66; J. Darcy (NSW) 44.82; M. Phillipott (NSW) 44.56;
- Shot Put: G. Mulhall (Vic) 14.85; G. Schultz (Vic) 13.99; L. Torsø (NSW) 13.88; B. Francis (Vic) 13.62; J. Fischer (Qld) 12.81; S. Dansie (SA) 12.79;
- Pentathlon: E. Hooker (Vic) 4169; L. Parr (NSW) 3913; S. Kueffer (Vic) 3772; C. Booth (NSW) 3725; H. Merriman (SA) 3699; R. Maclean (Qld) 3395.

The Doris Mulcahy Shield for Open Point Score, won by Victoria.

JUNIOR CHAMPIONSHIPS:

- 100 metres: J. Stewart (NSW) 11.9; L. Evans (Qld) 12.0; C. Milburn (Vic) 12.1; J. Faithful (Qld) 12.1; D. Biggers (NSW) 12.1; J. Whyte (Qld) 12.1;
- 200 metres: L. Evans (Qld) 24.7; C. Milburn (Vic) 25.1; M. Wardrop (Vic) 25.2; J. Faithful (Qld) 25.4; C. Hughes (Tas) 25.7; K. Druitt (WA) 26.0;
- 400 metres: C. Green (NSW) 55.0; J. Bradford (Qld) 55.6; S. Atterton (NSW) 55.6; G. Hughes (Tas) 55.6; J. Reid (SA) 56.7; J. Deer (SA) 59.0;
- 800 metres: J. McFadzean (Vic) 2:11.4; J. Gillett (SA) 2:12.8; L. Thompson (NSW) 2:14.9; J. Bradford (Qld) 2:16.5; M. Fowler (WA) 2:18.0; D. Criddle (WA) 2:26.9;
- 1500 metres: A. Lord (Vic) 4:37.0; G. Clews (WA) 4:38.8; L. Thompson (NSW) 4:40.0; D. Criddle (WA) 4:40.9; J. McFadzean (Vic) 4:43.1; K. Hillier (SA) 4:43.4;
- 100m hds: G. Saunders (Qld) 13.9 w-a; J. Stewart (NSW) 14.2; M. Hamley (NSW-AC) 14.5; D. Biggers (NSW) 14.7; K. Moss (Qld) 14.7; S. Hamilton (WA) 14.9;
- 400m hds: G. Saunders (Qld) 61.0; S. Atterton (NSW) 61.2; E. Dale (NSW) 64.3; J. Stewart (NSW) 64.6; B. Willmott (Vic) 64.8; E. Cox (Vic) 66.9;
- 1500m Walk: K. Neville (Vic) 6:54.5; R. Thompson (NSW) 7:03.0; A. Miller (Vic) 7:03.1; F. Burke (NSW) 7:08.5; T. Shephard (NSW-AC) 7:24.0; K. Russell (NSW) 7:27.0;
- 4x100 relay: Queensland (G. Saunders, J. Whyte, L. Evans, J. Faithful) 46.5; Victoria (M. Wardrop, J. McGill, R. Strong, C. Millburn) 47.0; New South Wales (R. Ellis, D. Biggers, C. Green, J. Stewart) 47.3; Tasmania (V. Heath, D. Brasher, C. Hughes, J. Merrington) 49.0; Western Australia (K. Druitt, G. Davies, K. Andrews, S. Hamilton) 49.0; South Australia (K. Hillier, J. Gillett, J. Reid, R. Seccafeln) 49.3;
- 4x400 relay: New South Wales (R. Ellis, C. Green, E. Dale, S. Atterton) 3:48.0; Queensland (J. Bradford, D. Bull, M. Mackereth, J. Grace) 3:50.8; South Australia (J. Reid, K. Hillier, J. Gillett, J. Deer) 3:53.7; Victoria (B. Willmot, E. Cox, C. Richter, N. Webb) 3:55.4; Western Australia (M. Fowler, G. Johnson, S. Hamilton, K. Andrews) 4:00.6

High Jump:	C. Annison (WA) 1.77; K. Gibbs (NSW) 1.74; V. Browne (WA) 1.71; S. Moran (SA) 1.68; S. Hamilton (WA) 1.68; R. Strong (Vic) 1.65;
Long Jump:	G. Saunders (Qld) 5.98; K. Moss (Qld) 5.83; M. Hamley (NSW) 5.60; R. Strong (Vic) 5.58; R. Ellis (NSW) 5.56; S. Hamilton (WA) 5.56;
Discus:	A. Vitols (Vic) 45.51; J. Connellan (Qld) 39.60; A. Rovis-Herman (WA) 38.28; R. Eykel (NSW) 38.12; Y. Ladlay (NSW) 37.92; P. Donnelly (Vic) 37.80;
Javelin:	J. Kieboom (SA) 46.12; J. Darcy (NSW) 46.00; J. Achurch (Qld) 43.14; A. Vitols (Vic) 42.96; J. Walsh (WA) 42.88; L. Ball (Qld) 37.22
Shot Put:	A. Vitols (Vic) 13.52; G. Henderson (Qld) 13.43; P. Donnelly (Vic) 12.47; S. Philbey (Qld) 12.35; J. Darcy (NSW) 11.53; C. Annison (WA) 11.18;
Pentathlon:	G. Saunders (Qld) 4043; M. Hamley (NSW) 3801; C. Annison (WA) 3770; R. Strong (Vic) 3726; S. Hamilton (WA) 3719; W. Smart (NSW) 3601

The Doris Magee Shield for Junior Point Scores: Won by Queensland

SOUTH PACIFIC TV PAN AM - AUSTRALIA v NEW ZEALAND

Mt. Smart Stadium, Auckland, New Zealand - March 19th & 20th, 1977

100 metres:	R. Boyle (Aus) 11.71; D. Wells (Aus) 11.81; K. Robertson (NZ) 11.96; W. Brown (NZ) 11.99;
200 metres:	R. Boyle (Aus) 23.09; D. Wells (Aus) 23.45; M. MacKechnie (NZ) 23.86; K. Robertson (NZ) 23.87;
400 metres:	V. Burnard (Aus) 53.43; M. Fisher (Aus) 54.51; K. Robertson (NZ) 54.89; K. Freakley (NZ) 55.46;
800 metres:	P. Gray (Aus) 2:04.3; P. Lazarakis (Aus) 2:07.1; M. Green (NZ) 2:09.3; S. Haden (NZ) 2:10.7;
1500 metres:	A. Cook (Aus) 4:17.8; P. Gray (Aus) 4:19.6; A. Wright (NZ) 4:23.2; D. Zorn (NZ) 4:23.9;
3000 metres:	A. Cook (Aus) 9:17.8; D. Zorn (NZ) 9:27.0; P. Lazarakis (Aus) 9:44.4; S. Thompson (NZ) 10:19.4;
100m hds:	P. Gillies (Aus) 13.85; G. Boswell (Aus) 14.20; B. Beable (NZ) 14.63; J. Lothian (NZ) 14.67;
4x100 relay:	Australia (L. Jacenko, D. Wells, G. Boswell, R. Boyle) 45.21; New Zealand (K. Freakley, W. Brown, M. MacKechnie, K. Robertson) 45.72.
4x400 relay:	Australia (V. Burnard, P. Gillies, G. Saunders, M. Fisher) 3:42.3; New Zealand (W. Brown, M. Green, K. Freakley, S. Burnside) 3:51.4;
High Jump:	C. Annison (Aus) 1.82; K. Whimp (NZ) 1.74; W. Brown (Aus) 1.68; S. Rudd (NZ) 1.60;
Long Jump:	L. Jacenko (Aus) 6.54; E. Hooker (Aus) 6.33; S. Burnside (NZ) 5.98; B. Beable (NZ) 5.77;
Discus:	G. Mulhall (Aus) 51.50; D. Ashford (Aus) 50.62; V. Young (NZ) 44.16; B. Beable (NZ) 37.96;
Javelin:	P. Matthews (Aus) 51.02; T. Wrenn (Aus) 47.00; S. McGookin (NZ) 39.20; V. Young (NZ) 24.70;

Shot Put: G. Mulhall (Aus) 15.26; B. Beable (NZ) 15.06;
L. Torso (Aus) 14.72; V. Young (NZ) 13.78; -

Final Points: Australia 106; New Zealand 48;

REPORT

On Friday, 18th March, the Australian team left Sydney International Airport, the interstate members coming in on an earlier flight. During the flight, the men's Manager gave out the team competition uniforms and also track suits, the latter with the compliments of Adidas.

The team was to be billeted and on arrival at Auckland airport we were met by a large crowd of people which were eventually sorted out as billets.

I must say, at this stage, none of the team was very happy about being billeted but during the stay did not complain directly to me.

Competition was held at the Mt. Smart stadium, built in an old extinct volcanic crater which was a natural amphitheatre and had good synthetic track.

Weather conditions were almost identical with Sydney, warm and humid.

Jean Harney
Manager - Women

CROSS COUNTRY, ROAD WALKS, ROAD RELAY

CHAMPIONSHIPS OF AUSTRALIA

The 1977 Cross Country, Road Walks, Road Relay Championships of Australia were conducted by the New South Wales Women's Amateur Athletic Association, on behalf of the Australian Women's Amateur Athletic Union, at Centennial Park, Sydney on 20th and 21st August, 1977.

COURSE

An inspection of the course was held on Friday, 19th August, 1977 at 2.00pm. Our thanks go to Mrs. Kelly and the N.S.W. Cross Country Committee for their checking and flagging of the courses. Some of the visiting athletes said that the course was a "little tough", but all said it was a "good course".

SPONSORSHIP

The Australian Guarantee Corporation sponsored the competition numbers and also the printing of the programmes, and we are most grateful to them.

PUBLICITY

This was extremely disappointing, although all television channels, radio stations and newspapers were sent full details of all events, names of competitors and also information as to arrival and accommodation of all State teams.

TEAM ARRIVAL

With the exception of one State, teams were met on arrival and given envelopes containing competition numbers, programme and other information. The one state not met arrived, a little early due to a last minute change in flight which the mail strike prevented us from getting, but their information was given to them a short time after arrival.

OFFICIALS

We sincerely thank all officials for their help, this assistance is very much appreciated.

OPENING CEREMONY

Athletes from each State marched to their allotted positions on the ground. The Opening Ceremony followed, with the N.S.W. State Executive member of the Australian Women's Amateur Athletic Union, Mrs Wrighter, declaring the Championships opened. Miss Anne Reeve said the Oath on behalf of all competitors - a fanfare was sounded and the Union Flag was raised. Advance Australia Fair was then played.

RESULTS

A programme was completed for each State Team Manager, setting out all placings and times.

PRESENTATIONS

On the Saturday, presentation of all medals was made after the completion of each event. On the Sunday all medals were presented at the conclusion of all events, being followed by the presentation of the Team Shields.

CLOSING CEREMONY

Athletes from each State marched to their allotted positions on the ground. Mrs Flo Wrighter, on behalf of the Australian Women's Amateur Athletic Union, thanked the New South Wales Association for the very successful staging of the Championships, congratulated all athletes on their performances, and in closing the 1977 Championships asked the chosen athletes from all States to assemble again next year in Sydney for the 1978 Australian Cross Country, Road Walks, Road Relay Championships. A fanfare was sounded and the Union Flag was lowered, finishing with Advance Australia Fair.

FINANCE

It is anticipated that there will be a loss on the Championships, but a Balance Sheet will be sent to all States as soon as this has been finalised.

ENTERTAINMENT

A Smorgasbord Luncheon was held at the Randwick Botany Club, Pagewood for athletes, officials and friends. A booking was made for 200 people, but the catering was rather disappointing.

CONCLUSION

We express our thanks to all States for their support of the Championships. There were large teams from each State, with a total of 95 athletes being entered in the Championships, which is an indication of the increasing popularity of this winter competition. We were fortunate that the weather on both days was "perfect", and this together with the good team work of all officials made the 1977 Cross Country, Road Walks, Road Relay Championships a success.

Flo Wrighter
Hon. Secretary N.S.W.W.A.A.A.

RESULTS

OPEN 5000 METRES CROSS COUNTRY CHAMPIONSHIP; R. Bell (NSW) 17.56.4s; G. Clews (WA) 18.00.4s; L. Williams (Vic) 18.11.4s; E. Richards (NSW) 18.31.8s; L. Dickley (Vic) 18.39.0s; L. Petrie (AC/Vic) 19.05.0s; B. Stanford (NSW) 19.06.0s; M. Poyner (SA) 19.17.0s; J. Cameron (Vic) 19.24.0s; J. Divito (SA) 19.36.0s; J. Moon (WA) 19.51.0s; L. Collins (QLD) 20.00s; M. Harris (WA) 20.31.0s; M. Jollye (NSW) 20.54.0; N. Johnson (AC/NSW) 21.15.0s; G. Vincent (AC/NSW) 21.25s; G. Hill (QLD) 21.39.5s; A. Ferguson (QLD) 22.40.0s; L. Walsh (WA) 22.48.0s; M. Moyle (SA) Disqualified.

MIRROR NEWSPAPER SHIELD. New South Wales 11 points; Victoria 15 points; Western Australia 20 points; Queensland 32 points; South Australia (no team finished)

JUNIOR 3000 METRES CROSS COUNTRY CHAMPIONSHIP. A. Lord (Vic) 11:01.6; J. Green (Qld) 11:03.6; S. Kemp (Qld) 11:20.2; S. Grayson (W.A) 11:35.4; M. Tracy (W.A) 11:37.0; L. Asmusen (W.A) 11:40.0; C. Freund (S.A) 11:44.0; C. Williamson (S.A) 11:46.0; D. Morrison (Qld) 11:47.0; C. Gatt (S.A) 11:51.0; S. Brook (NSW) 11:58.0; A. Curry (Vic) 12:01.0; J. Duhn (AC/NSW) 12:02.0; J. Poyner (S.A) 12:06.0; L. Richards (AC/NSW) 12:07.0; S. Hogan (Vic) 12:08.0; N. Arkins (NSW) 12:10.0; N. Dudd (NSW) 12:17.0; K. Robinson (W.A) 12:19.0; S. Perry (Vic) 12:39.0; A. Forte (AC/WA) 12:42.0;

NELL GOULD SHIELD. Queensland 11 points; Western Australia 15 pts; South Australia 25 points; Victoria 26 points; New South Wales 40 points.

SUB-JUNIOR 1500 CROSS COUNTRY CHAMPIONSHIP. K. Hillier (S.A) 4:57.5; J. Deer (S.A) 4:59.0; K. Wilkinson (Vic) 5:03.4; M. Hoiland (NSW) 5:12.1; H. Pynor (AC/NSW) 5:15.0; J. Rogers (Qld) 5:16.0; H. Wakeman (AC/NSW) 5:17.0; K. McBride (WA) 5:18.0; C. Stockley (NSW) 5:19.0; M. Fowler (WA) 5:20.0; K. LaCombrae (Vic) 5:21.0; K. Turney (Vic) 5:22.0; M. Vize (Vic) 5:23.0; A. Divite (SA) 5:26.0; A. Reeve (NSW) 5:27.0; S. Fergie (WA) 5:29.0; N. Merrick (AC/WA) 5:30.0; L. Bonser (AC/WA) 5:35.0; S. Thomson (AC/SA) 5:36.0; D. Mayne (Qld) 5:37.0; T. Bromley (WA) 5:37.0; Y. Doocey (Qld) 5:39.0; G. Parkinson (SA) 5:43.0; J. Driscoll (Qld) 5:53.0;

STELLA McMINN SHIELD. South Australia 14 points; Victoria 22 pts; New South Wales 23 points; Western Australia 27 points; Queensland 34 points.

OPEN 5000 METRES ROAD WALK. S. Orr (Vic) 24:52.4; L. Harpur (SA) 25:11.0; R. Thompson (NSW) 26:08.8; M. Harding (NSW) 26:30.0; F. Burke (NSW) 27:30.2; K. Schultz (SA) 28:05.8; S. Melene (NSW) 28:16.2; J. Harwin (AC/NSW) 28:58.8;

LILLIAN NEVILLE SHIELD. New South Wales 6 points (Only State with team)

JUNIOR 3000 METRES ROAD WALK. K. Neville (Vic) 13:48.2; R. Thompson (NSW) 14:55.0; F. Durke (NSW) 15:13.4; I. Shephard (NSW) 15:27.0; A. Pallier (AC/NSW) 15:52.0; S. Melene (NSW) 16:10.2; K. Attree (WA) 16:56.6; A. Selth (SA) 17:05.4; S. Turley (SA) 19:16.0;

MADEL ROBINSON SHIELD. New South Wales 6 points (Only State with team)

SUB JUNIOR 1500 METRES ROAD WALK; A. Miller (Vic) 7.13.6s; S. Pierson (Vic) 7.15.1s; K. McDride (WA) 7.32.2s; R. Thompson (NSW) 7.46.1s; T. Shephard (NSW) 7.47s; M. Northage (Vic) 7.50.5s; K. Gilbert (NSW) 8.09s; N. Smith (AC/NSW) 8.11s; A. Pallier (NSW) 8.16s; K. Starkey (QLD) 8.27s; G. Dedworth (SA) 8.37.6s; H. McWilliam (SA) 8.59.6s; P. Langley (AC/NSW) Disqualified.

POINTS - NO SHIELD; Victoria 8 points; New South Wales 13 points.

OPEN 3 x 3000 METRES ROAD RELAY; Victoria (J. Cameron, L. Bickley, L. Williams) 30.32.8s; New South Wales (D. Stanford, E. Richards, R. Bell) 31.22.2s; South Australia (C. Williamson, M. Poyner, M. Moyle) 31.30.8s; Western Australia (S. Fergie, M. Harris, J. Moon) 32.52.6s; Queensland (A. Ferguson, C. Hill, L. Collins) 33.57.6s.

JOAN BERETTA MEMORIAL SHIELD - Won by Victoria

JUNIOR 3 x 2000 METRES ROAD RELAY; Queensland (S. Kemp, D. Morrison, J. Green) 20.17.2s; Victoria (A. Curry, S. Hogan, A. Lord) 20.36s; Western Australia (M. Tracey, S. Grayson, G. Claws) 20.51.6s; New South Wales (N. Arkins, N. Dudd, S. Brook) 21.13.2s; South Australia (C. Gatt, J. Divito, C. Freund) 21.18.8s.

DOROTHY SPITTLES SHIELD - Won by Queensland.

SUN JUNIOR 3 x 1000 METRES ROAD RELAY; Victoria (K. LaCombrae, K. Turney, K. Wilkinson) 10.15.8s; New South Wales (A. Reeve, C. Stockley, M. Holland) 10.17.4s; South Australia (A. Divito, J. Deer, K. Hillier) 10.36s; Western Australia (M. Fuller, L. Donser, T. Bromley) 10.51.6s; Queensland (D. Mayne, Y. Doocey, J. Rogers) 11.14.6s.

MARY CHAMBERS MEMORIAL SHIELD - Won by Victoria

WORLD CUP DUSSELDORF 1977

PRE DEPARTURE

Six circulars were submitted to all team personnel prior to departure. However, although the circulars were appreciated, the information contained therein was very limited. The lack of detailed information was very frustrating; thus, I found I unable to give girls their required data.

Because of the format of the World Cup, this report will be brief and, I hope, the criticism will be accepted as constructive, in the interest of athletics.

TRAVEL

Australian members of the Oceania team were advised that they could seek competition overseas as soon as their plane tickets were available. Needless to say, the majority headed in various directions.

I warmly commend the New Zealand members who travelled as a team, the girls to England and the boys to a training camp at Hanover, West Germany. Therefore, from a team of 55 members, 45 competitors and 10 team officials, only 9 members left Sydney on the set departure date. Phyllis Lazarakis and Chris Annison joined the flight in Singapore.

The flight from Singapore to Bombay was $8\frac{1}{2}$ hours - we were not permitted to leave the plane at Bombay - with an additional 8 hours to Frankfurt where we were all tired and relieved to walk around the terminal whilst awaiting a domestic flight to Dusseldorf. Henri Schubert was with our liaison folks on arrival at Dusseldorf. We had no delay through customs and we were very soon on a bus to take us to the Ramada Hotel where we would be accommodated for the next nine days.

ACCOMMODATION

The Ramada Hotel was first class. All rooms had private facilities, however, it lacked the atmosphere of a Village. Our team was "spread over" three floors. This made contact with the athletes very difficult. Other teams at the Hotel were Americas, Asia, German men, Soviet Union women and the German Democratic Republic.

In addition to the five teams, members of the public were also accommodated at the Hotel. The food was not exciting and certainly not in keeping with a Hotel of this category. However, it was plentiful and I thought the dining room staff were subjected to the several returns required by the "heavies".

UNIFORM

We did not have a "walk out" uniform. In fact, the team had no identification until they received track suits, competition outfit, etc. The track suits, one only, were the latest model; the colour was a light lemon, thus, it was impossible to be worn more than once without being soiled. It was an unfortunate situation with not even a pin for our girls and boys to exchange.

PRE CUP MEET

On Wednesday, August 30, an International meet was held in Ludenscheld. Athletes who had been competing in England and Europe did not avail themselves of this competition. Is it wise to take athletes on a 3 hour bus ride prior to competition? It was certainly an opportunity to see some of the beautiful countryside, but I did not consider it conducive to good performances.

I would just like to elaborate on Ludenscheld. It is a small country town with a tartan track together with first class amenities, even to an electronic scoreboard.

This meet was used as a final selection for our relay team (4 x 100) and 100 Metres sprint. Our performances were not good and one hoped that there would be an improvement before the major competition.

TRAINING

Training was available to our team twice a day - 10.00 am and 5.00 pm. Several athletes trained twice a day. I was more than surprised at the little effort from some of the girls.

Henri Schubert was in charge of the women's relay teams; it was obvious that some of the girls were not fit. Buses were available every 15 minutes to take athletes to training. The training track was excellent. Within 50 metres of same was the recently completed indoor track - another excellent facility. Several girls preferred the indoor circuit. Added to the foregoing was the magnificent Dusseldorf Stadium - all within 100 metres of the other.

TEAM MEETINGS

Only one team meeting was held. Mr. Briggs introduced team officials and passed on the limited information which was available to that point. He advised he would not call the team together unless necessary.

A bulletin of team requirements would be presented each day at breakfast or brunch. This directive was appreciated. Team officials met every morning when we were able to discuss various matters relative to team activities.

It was further decided that the four coaches (Messrs. Hoggard - men's track and relay, Schubert - women's track and relay, Driedis - throws; Dalastira - jumps) discussed between themselves what they would do. This proved very satisfactory. During our short period of time, they were completely dedicated to their duties. Henri Schubert was selected to accompany Mr. Briggs to the technical meetings.

HEALTH

Ann Garrett suffered a very severe cramp at the pre Cup meet. It was here that Kim Robertson developed a leg injury and was unable to take any further part in the competition. Glorys Saunders had an ankle injury which affected her competition. Chris Dale proclaimed a sore hip; I never found out just what the ailment was.

Several members of the team sought out the U.S.A. masseur to help them. It was unfortunate a masseur was not appointed to the team.

OPENING CEREMONY

Twelve men and eight women from each team marched in track suits for the brief opening ceremony. School children performed a simple but colourful display which detailed the fitness of young people.

COMPETITION

The detailed results attached tell the story more efficiently and affectively than I of our achievements. The presentation of the Cup was good; however, I feel a World Championship for all countries would be a better spectacle.

CLOSING CEREMONY

Teams marched in sequence of the order in which they finished in the overall points score. It was a friendly atmosphere whilst teams stood to attention for the presentation of the World Cup by the President of the I.A.A.F. After the playing of the German National Hymn, all teams mixed together to leave the arena. Thus, the first World Cup concluded.

ENTERTAINMENT

It was unfortunate no recreation facility was available at the Hotel. The Hotel Bar seemed to be the meeting place. The only function for the team was a farewell party presented by the city of Dusseldorf on the Sunday night. The dinner, together with a dance, was a nice conclusion to a new feature of athletics.

RECOMMENDATIONS

A masseur is very necessary for a team. I hope this will be noted in the future.

It was embarrassing for a team not to be able to exchange souvenirs with athletes from other countries. The Oceania team was poorly equipped.

I would strongly urge that husbands, wives, boy friends and girl friends of competitors NOT BE PERMITTED within the precincts of the athletes' headquarters.

The track suit, so light in colour was impossible to keep clean. Therefore, two track suits are a necessity, apart from the light colour, a matter of hygiene is of first importance.

When athletes leave prior to the schedule team departure to attend the World Cup or any other such competition, I feel it is important that their place or places of destination be advised to the General Manager.

If future organizers are as generous as the German Track and Field Federation, Australia should act in a similar way to New Zealand in the preparation of the team.

CONCLUSION

I thank the Australian Women's Union for my nomination and the Oceania Committee for my appointment.

My appreciation is recorded to the team officials for their extremely friendly and courteous manner at all times.

Maisie McQuiston
Assistant Manager/Women
Oceanic Group - World Cup
Dusseldorf 1977

RESULTS

EUR - Europe; USA - United States, AFR - Africa, AME - Americas;
GDR - German Dem. Republic; URS - Soviet Union; OCE - Oceania;
ASI - Asia.

- 100 Metres: 1: M. Delsner GDR 11.16; 2: S. Lannemann EUR 11.26;
3: S. Chivas AME 11.34; 4: L. Storoskova URS 11.40;
5: E. Ashford USA 11.48; 6: U. Uko AFR 11.62
7: D. Robertson OCE 11.89; 8: L. Eun-Je ASI 12.21;
- 200 Metres: 1: I. Szewinska EUR 22.72; 2: D. Eckert GDR 23.02;
3: T. Prototchenko URS 23.26; 4: E. Ashford USA 23.41;
5: S. Chivas AME 23.45; 6: D. Robertson OCE 23.82
7: U. Uko AFR 24.17; 8: E. Kanishi ASI 25.22;
- 400 Metres: 1: I. Szewinska EUR 49.52; 2: M. Koch GDR 49.76
3: M. Sidorova URS 51.29; 4: S. Debney USA 51.96
5: A. Penton AME 52.33; 6: V. Burnard OCE 52.57;
7: R. Waithira AFR 59.90; 8: T. Than ASI 55.88
- 800 Metres: 1: T. Petrowa EUR 1:59.2; 2: C. Liebetrau GDR 1:59.5
3: S. Styrkina URS 1:59.7; 4: A. Mackie-Morelli AME
5: S. Latter USA 2:05.0 2:02.5;
6: R. Tata AFR 2:07.5; 7: P. Lazarakis OCE 2:07.7;
8: P. Fabian ASI 2:12.)

- 100m hdlcs: 1: G. Rabsztyń EUR 12.70; 2: J. Klier GDR 12.86;
 3: L. Nikitenko URS 12.07; 4: E. Roth ASI 13.26
 5: P. Van Wolvelare USA 13.54; 6: J. McLeod AME 14.00;
 7: M. Oshikoya AFR 14.02; 8: G. Saunders OCE 14.75;
- 1500 Metres: 1: T. Kazankina URS 4:12.7; 2: F. Lutz-Larriau USA 4:13.6
 3: U. Druns GDR 4:31.1; 4: N. Marasescu EUR 4:13.1;
 5: P. Werthner AME 4:14.6; 6: S. Soutamine AFR 4:18.5;
 7: S. Yasnitomi ASI 4:24.8; 8: A. Garrett OCE 4:31.5;
- 3000 Metres: 1: G. Waltz EUR 8:43.5; 2: L. Dragina URS 8:46.3;
 3: J. Merrill USA 8:46.6; 4: U. Druns GDR 8:49.2;
 5: A. Cook OCE 9:14.6; 6: D. Scott AME 9:18.7;
 7: E. Cheptum AFR 9:22.1; 8: J. Kandasamy ASI 10:10.5;
- 4x100 Relay: 1: EUR 42.51; 2: GDR 42.65; 3: URS 42.91;
 4: AME 42.95; 5: Oceania 44.20; 6: AFR 46.67;
 7: ASI 47.40; USA Disq.
- 4x400 Relay: 1: GDR 3:24.0; 2: EUR 3:25.8; 3: URS 3:27.0;
 4: Oceania 3:30.5; 5: AME 3:31.0; 6: USA 3:33.0;
 7: AFR 3:36.3; 8: ASI 3:53.8;
- Long Jump: 1: L. Jacenko OCE 6:54; 2: J. Nygrynova EUR 6:48;
 3: T. Skatschka URS 6:48; 4: D. Kuenzel GDR 6:42;
 5: S. Awara ASI 6:23; 6: M. Oshikoya AFR 6:15;
 7: J. Frederick USA 6:13; 8: S. Ferguson AME 6:11;
- High Jump: 1: R. Askerman GDR 1.98; 2: S. Simeoni EUR 1.92;
 3: D. Drill AME 1.89; 4: L. Ritter USA 1.83;
 5: N. Marinenko URS 1.83; 6: C. Annison OCE 1.75;
 7: T. Yagi ASI 1.75; 8: G. Mumbi AFR 1.60;
- Discus: 1: F. Welawa-Melnik URS 68.10; 2: A. Menis EUR 63.30
 3: S. Ennel GDR 63.12; 4: L. Moreau AME 54.52
 5: L. Winbigger USA 53.16; 6: G. Mulhall OCE 50.66;
 7: O. Deek ASI 45.60; 8: F. Jerbi AFR 44.58
- Shot Put: 1: I. Slupianek GDR 20.93; 2: H. Fibingerova EUR 20.63
 3: S. Kratschewskaja URS 20.39; 4: M. Seidler USA 15.50
 5: L. Moreau AME 15.16; 6: B. Deable OCE 15.02
 7: O. Deek ASI 14.60; 8: N. Njoku AFR 12.43
- Javelin: 1: R. Fucha GDR 62.36; 2: N. Jakobowitsch URS 62.02
 3: T. Sanderson EUR 60.30; 4: K. Schmidt USA 59.46
 5: E. Myokai ASI 55.42; 6: A. Tchuinte AFR 53.70
 7: P. Matthews OCE 51.14; 8: M. Dos Santos AME 46.52
- FINAL POINTS: 1: Europe 107; 2: German Democratic Republic 102;
 3: Soviet Union 89; 4: U.S.A. 59;
 5: Americas 55; 6: Oceania 45;
 7: Africa 31; 8: Asia 29

REPORT OF THE FIFTH INTERNATIONAL 10km ROAD RACE, GUAYAMA LLA,
PUERTO RICO, NOVEMBER 6th, 1977

RESULTS

<u>Place</u>	<u>Name</u>	<u>Country</u>	<u>Time</u>	<u>Age</u>
1	Sarotta Monspart	Hungary	35m44s	32
2	Miki Gorman	U.S.A.	35m59s	42
3	Mamiella Angenvoorth	W. Germany	36m03s	31
4	Lynne Williams	Australia	36m18s	25
5	Charlotte Lettis	U.S.A.	36m23s	26
6	Cornelia Durkl	Switzerland	37m24s	27
7	Sally Steele	Canada	37m27s	23
8	Shauna Miller	Canada	37m30s	25
9		Mexico		
10	Vera Korik	Hungary	38m37s	31
11	Rosemary Bell	Australia	39m05s	26
16	Elizabeth Richards	Australia	40m51s	34

Teams: 1: U.S.A. (7 pts), 2: Hungary (11 pts), 3: Canada (15 pts),
4: Australia (15 pts)

CONDITIONS:

The race was held at 3.00pm, possible the hottest time of the day. The temperature was reported to be about 90^{OF}, and the humidity - as always - was extremely high. Fortunately, however, the sky clouded over just prior to 3.00 pm, which meant we were not running in the sun's direct rays.

RACE PROCEDURE:

Subject to passing Saturday afternoon's 'medical' exam (more on this later) we were required to register and collect our numbers anytime between 10.00am & 12.00 noon on Sunday morning. Although this trip to the town centre proved only slightly inconvenient, I see no reason why number issuing could not have been done as we successfully completed the medical, thus leaving race morning free of hassle.

The race commenced as scheduled at 3.00pm. Race procedure has been modified since I last competed there in 1974, and spectators no longer bombarded you with buckets of water. Rather, stations providing plastic cups of water for those who require it (for whatever purpose, drinking or cooling) are available at the 2km, 4km, 6km & 8km marks.

RACE ANALYSIS:

The biggest hurdles to overcome in this event are the humid and hot conditions. In grossly simplified terms, medical theory tells us that in exercising we generate a certain amount of internal body heat, which our system attempts to eliminate by perspiring. It is the evaporation of this perspiration which cools the underlying cells. However, in humid conditions this

evaporation cannot occur, so our cooling mechanism fails, and even more trapped heat is generated. When this reaches a critical level (this varies from individual to individual) we suffer heatstroke/heatstress.

In most distance events, water/feeding stations are generally not available until the 10km mark is reached, yet because of the high humidity problem the race organisers for this event wisely make water available much earlier.

It is interesting to note that the first three place-getters have at least two characteristics in common, firstly they are all over 30 years of age and very seasoned distance runners, with many years of continuous training behind them, secondly, all three have run full marathons in under 2hrs 40mins, which puts them in the top ten women marathoners in the world. These two factors suggest that perhaps the internal body heat generated in running a marathon is similar to that experienced over a shorter distance in extremely humid conditions, and that in fact these athletes' bodies have been trained to cope with these higher levels.

MEDICAL EXAMINATION,

Unfortunately the compulsory medical exam associated with the race leaves a lot to be desired. On the medical side, all that is taken are your pulse and (sometimes) your blood pressure. But it is the sex examination which is most unsatisfactory. Rather than conducting any one of the traditional chromosome tests, the procedure adopted involves 'having a look to make sure you're not a male' ! Not only is this degrading and embarrassing, but also tells the doctor nothing about either the chromosome combination or (possibly more important) the hormone balance of the participant. The A.W.A.A.U. have registered a complaint about this before, but apparently to no effect. I know the girls from the U.S.A. intend to make a similar complaint to their A.A.U., so perhaps this time something to correct this deplorable situation may be achieved.

Personally, I found the pre-race information on how the medical team would cope with those of us who suffered from heat problems a little offputting. To be told that ambulances will be located every 1km and that the latest medical equipment such as oxygen and intravenous drips would be available should we collapse was not, to my mind, confidence inspiring - one certainly doesn't plan to collapse, though should this occur one could feel justified in assuming adequate medical attention would be available without having it spelt out in great detail, as was the case. In any event, as it turned out about 30 of the 100 girls needed attention (including Rosie Bell) so perhaps others welcomed the pre-race information more than I did.

Rosie Bell and I were issued with 14-28 day excursion tickets, valid from the 29th October onwards, from Puerto Rico. Elizabeth Richards arranged her own flights. Rosie and I left on the 29th and travelled all the way to San Juan. On arrival, (some 30 hours after we commenced our journey) we discovered that the only available airline for the last leg of our trip were and had been on strike for the last five weeks - a fact unknown to Pan Am Australia. Consequently we were forced to hire a taxi to get us across the island, yet had we pre-notified the Sertoma Club (the race organisers) of our scheduled flight into San Juan they would have driven over to meet us. This is, in fact, what happened to Elizabeth, who also left on the 29th but spent a night in Los Angeles before catching the daytime flight to San Juan.

In any event, the entire Australian contingent were safely installed in Guayamilla by midnight of Sunday 30th October.

On the return journey, we all went our separate ways. Elizabeth is still in Hawaii and plans to run the Honolulu Marathon later this month.

ACCOMMODATION:

All competitors are billeted out to local Sertoma club families, yet eat at the village's western-style restaurant. Although the houses are very small, the people are extremely hospitable and do their best to make your stay a comfortable one.

It has become customary for the Australians to stay with Wilbur and Aida Iranyahy, a Puerto Rican couple who spent quite a few years in New York and Miami, and therefore speak relatively fluent English. The majority of the locals only speak Spanish.

In my opinion, the basic principles of the accommodation arrangements are good, because we get to live with Puerto Rican families, yet have the choice of eating foods identical to those we get in Australia, if we so desire. By the end of the week, the restaurant takes on a very cosmopolitan air, with athletes from all over the world trying to communicate with each other. Lots of fun.

GENERAL OBSERVATIONS AND SUGGESTIONS:

Overall, I would classify our trip as a successful one. As a team we finished 4th, only being beaten for third on a countback. Unfortunately Rosie was quite distressed after finishing the race, and needed medical treatment but appeared to have almost entirely recovered by the next morning.

Australians appear to have built up a good public image in Guayamilla over the years and Rosie further cemented this by participating in a pre-race TV promotion. Further, we were all interviewed on radio on the pre-race Monday afternoon.

Australia does face something of a dilemma with respect to the optimal preparation for the race - because we have the furthest to come, jet lag is a big problem; yet arriving a week early we tended to get slightly bored as there is not really anything to do in the village, and the race organisers do not encourage you to venture beyond village boundaries. Most of the European teams arrived on Wednesday, while the Canadians and Americans flew in on Friday. The South American delegations arrived over the whole week. Personally I found I needed the full week (a) to get over jet lag and (b) to make some sort of adjustment to the weather conditions, though Rosie and Elizabeth both felt that it would be preferable to arrive on the Tuesday.

There are some general suggestions I would like to make concerning future teams going to this race:

1: that teams break the long journey by spending a night in Los Angeles. Although the athletes would have to meet this expense themselves, I believe it would significantly reduce the overall tiredness as a result of the long trip. Elizabeth followed this procedure this year, and was noticeably less affected than either Rosie or myself.

2: that the athletes notify the A.W.A.A.U. of final travel arrangements so that a telegram can be sent to Guayamilla to advise race organisers of athletes' time of arrival.

3: that the A.W.A.A.U. seriously consider before sending any junior athlete to compete in this race. It appears that the combination of climate and length of race is such as to be better coped with by an older athlete, or at least one who has been running for many years.

4: That any athlete selected to go to Guayamilla for the first time try and have a chat to someone who's been before, as conditions do differ markedly to Australian ones. For example, because of the high perspiration rate your body salts and minerals can become severely depleted unless you take some sort of supplement (eg Staminade, Gatorade). Yet no such mixtures are available in Guayamilla, so if you don't bring some from home, you miss out.

5: That the A.W.A.A.U. register yet another complaint about the sex test procedure.

On the whole the trip is a most enjoyable and worthwhile experience, and should continue to act as a good incentive to our distance athletes.

Lynne Williams
Captain.

3rd PACIFIC CONFERENCE GAMES

As Manager (Women) of the Australian Athletic Team to the 3rd Pacific Conference Games - Canberra, Australia, 1977, it is with pleasure I submit my report.

TEAM PERSONNEL:

Australia was represented in 13 of the fourteen track & field events - no competitor ran in the 1500 metres. Those included - Christine Annison, Cheryl Boswell, Verna Durnard, Carmen Campton, Marion Fisher, Beverley Francis, Erica Hooker, Lyn Jacenko, Pamela Mathews, Helen Merriman, Gael Mulhall, Denise Robertson, Debbie Wells, Allison Wrench.

UNIFORM:

The competition tops & shorts caused a great problem, nothing fitted the athletes and to solve the problem we switched to mens tops. The elastic was inferior in the shorts, we were sewing numbers on 2 hours before the first event. To cater for track suits the taller girls had to wear xxos. I strongly recommend that this situation be dealt with early before future teams are sent away.

I would like to express my appreciation to the General Manager - Ray Durie, for his untiring effort and co-operation for the welfare of our team. The team was a happy one. A special note of thanks to Erica Hooker, team captain, who contributed to her tasks at all times.

I would like to record my appreciation to all team members for their dedication both on and off the field, it was indeed an honour to be associated with you.

To Peter Waters, Australian Liason Officer who did a magnificent job at all times. A special thanks to the Commonwealth Police for their assistance and security. Finally I would like to express sincere gratitude and appreciation to the Australian Women's Amateur Athletic Union for my nomination and appointment, and for a most rewarding experience.

ASSEMBLY:

The team assembled in Canberra on Sunday 27th November '77 and were transported to the Canberra College of Advanced Education by a wonderful band of voluntary drivers. After being photographed and identity cards issued C.C.A.E. was home for the next eight days.

The housing allotted to the Australian womens contingent were concrete terraces, carpeted throughout and adequately

furnished, gave ample room and the separate single bedrooms added pleasure where the athletes could retire and relax at leisure. There were no complaints in regards to living conditions. The only bug bear was no phone available to contact the General Manager which resulted in Ray Durie being placed on the bipper system.

Meals and food excellent quality and quantity wise. The dining rooms were approximately 900 metres from living quarters which brought about a lot of walking and tired legs.

PRE GAMES COMPETITION

The Pre Games competition was well conducted and drew a good crowd of spectators. The Athletes were quite pleased with the in between distances, it was a good advantage to those who tested the track.

TRACK

At all times the track was excellent and proved to be popular with the Athletes & all events were extremely well conducted.

TRAINING

Coach Norm Osborne organized all training in an excellent manner with the assistance of Pat Clohessy & Ray Durie, training facilities were good, some athletes followed their own schedules with the added assistance of Norm Osborne. The results of the teams efforts is clearly shown in the performances over the two days, where some athletes accomplished personal best performances.

HEALTH

The first 4 days were unsettled with the illness of Chris Anison flu, Carmen Campton & Pamela Mathews acute tonsillitis. Followed by a virus which was diagnosed at the Canberra Wog, Lyn Jacenko, Gael Mulhall, Beverley Francis. Our personal thanks to Dr. Bruce Williams in getting the team on their feet by the weekend. Masseur Pec Barnes also helped to keep the team on the Track and the field.

ENTERTAINMENT

At first no social life was available in C.C.A.E. until later in the week when a Jazz night & a Disc Jockey were added. T.V. room was well patronised also on Friday night a film on the Montreal Games was shown and enjoyed by all. The team attended both opening and closing Civic receptions.

DEPARTURE

Monday 5th Dec. 1977 the divided teams left Canberra for the Satellite Meetings - A Perth & Adelaide, B Melbourne & Hobart, and C Brisbane & Sydney.

I travelled in the Party A to Perth and Adelaide on arriving in Perth we were met by Mrs. Gwen Chester, Pres. W.A. W.A.A.A. and Mrs. Val Hancock Hon. Sec. W.A. W.A.A.A. and Mr Robin Johnston our Liason Officer whose effort was untiring.

The weather was very hot & after the 3 hour flight the athletes felt the 42 degrees, at every opportunity the beaches proved a great spot to relax.

The accommodation at Currie Hall was good, but meals very small and athletes asked for second helpings.

After the heavy week in Canberra the team performed moderately well at the satellite meeting on the Wednesday night. This was followed by an excellent buffet tea.

On Thursday the team was on the move again for Adelaide, we were transported to Lincoln College where the standard of accommodation was below that of Perth & Canberra. By Friday night all party members were weary, but still produced excellent performances with Chris Annison & Helen Merriman jumping their personal best.

RECOMMENDATIONS:

- 1: Uniforms more consideration should be given to providing a uniform suitable to both men and women.
- 2: Courtesy cars - advantage
- 3: Living Quarters - I strongly recommend that these be thoroughly examined by the advance party and correct facilities be available for athletes where Co-Ed living is concerned, special attention re separate toilet & showers facilities be provided for men and women. Separate rooms advantage.
- 4: Telephone contact with General Manager very necessary.

MARION PATTERSON
Women's Manager

REPORT ON THE ALL AUSTRALIAN SUB-JUNIOR MATCH FOR THE L.C. MILLS SHIELD, BRISBANE, 1978

The Fourth Australian Sub-Junior Match was conducted in Brisbane at the Queen Elizabeth Jubilee Sports Centre, Nathan, on 28th and 29th January, 1978.

Teams began arriving from all States as early as Wednesday 25th and the last State arrived on Friday morning 27th. All States were met by their Liaison Clubs and were settled into their accommodation quite easily.

Training for the States was done on the warm up track at the Centre & all States seemed pleased with the arrangements made.

A Manageress's Meeting was arranged for the Friday Evening at the home of Mrs. Joyce Driscoe at Alderley and various items were discussed and any corrections made.

Competition began on Saturday 28th when 96 athletes participated in events on a lovely summer day.

An Opening Ceremony was held and the Lady Mayoress of Brisbane, Mrs. Norma Sleeman, attended and performed the opening of the Match. Miss Katrina Harders said the Oath of Amateurism in place of Miss Mandy Medcraft, the Team Captain, who unfortunately was not able to compete because of illness.

The Mount Gravatt East State School gave a very nice display of marching prior to the Teams arrival on the arena, and the band returned on Sunday afternoon for the Closing Ceremony.

Competition for the L.C. Mills Shield was really very exciting, with only the final event to decide the winning State.

Many Queensland Sub-Junior Records were broken with at least 3 Australian Sub-Junior best performances to be replaced, on the Almanac Sheet,

After the completion of Saturdays events, down came the rain, & it rained almost all night, but thankfully stopped to enable the Sunday programme to be completed without anyone being soaked through.

Although tents were available for shelter for the athletes this was not really enough to prevent the rain from blowing through.

All competition was contested in a most friendly and sporting atmosphere and no untoward incident occurred. We sincerely thank the athletes and their Manageresses for this.

During the weekend, an Interstate Boys Under 15 meeting was combined with the Sub-Junior Match, between Queensland and New South Wales. Unfortunately the boys did not take part in the two Ceremonies, but we wish they had done so.

The Closing Ceremony was performed by the Q.W.A.A.A. President, and A.W.A.A.U. Vice-President, Mrs. E. McMinn.

The L.C. Mills Shield was presented to the winning State, Western Australia, by Mrs. Joyce Donwick, Hon. Secretary Q.W.A.A.A. and Executive Member to A.W.A.A.U.

Our thanks go to the State Government for the donation toward expenses, to the Lady Mayoress for giving her time to be with us, to the Queensland Athletic Association for their help, to Mr. John Dailey, Q.A.A.A. Hon. Secretary, who manned the

Public Address System, to the competitors and their Manageresses and to all who helped in any way to make such a success of our first Sub-Junior Match, to the Press and Television for the publicity received, to the Liaison Clubs who did a terrific job for the State they were allocated to look after.

A very special thank you to the Manager-Secretary of the Centre, Mr. Peter Allen, and his assistant Dave Reeves, for all their help and co-operation for this Match. Also to Mr. Ian Wilson for his help with equipment.

The Teams began moving out on Sunday Evening when New South Wales departed straight from the Centre, after having been supplied with hamburgers etc. The rest of the States remained until Monday, some visiting the Coastal areas and departing throughout the day.

Joyce Donwick
(Honorary Secretary)

RESULTS

100 Metres:

S. Sullivan (Tas) 12.0 W.As; D. Holden (NSW) 12.0; H. Dowles (Vic) 12.2; G. Millar (Tas) 12.2; K. Ward (NSW) 12.4; J. Ironside Anderson (N) 12.7; E. Dixon (WA) 12.7; A. McDougall (Vic) 13.1;

400 Metres:

M. Baumgartner (Vic) 56.2; Q.S. Jn Rec; Aust. S.J. Best; P. Minciullo (WA) 56.7; A. Stewart (NSW) 57.0; S. Speers (Tas) 58.2; F. McMahon (WA) 59.1; K. Schulz (Qld) 61.4; L. Gray (Tas) 62.6; S. Sullivan (Tas) 62.9;

1500 Metres:

xx K. Hillier (SA) 4:41.3; L. Gray (Tas) 4:43.4; Y. Petkovich (WA) 4:45.5; H. Wakeman (NSW) 4:48.3; J. Rogers (Qld) 4:52.5; M. Vize (Vic) 4:53.0; E. Harding (NSW) 4:53.2; D. White (SA) 4:53.5; H. Pynor (NSW) 4:57.6; S. Fergie (WA) 4:59.7; F. Glastonbury (SA) 5:04.7; T. Dun (Qld) 5:10.2; xx Qld S Jn Rec; Aust S.J. Best

High Jump:

K. Harders (Qld) 1.68; H. Jarvis (Vic) 1.66; L. Mason (NSW) 1.66; K. Kennedy (SA) 1.64; S. Smith (Qld) 1.59; E. Grosse (NSW) 1.59; K. Walton (Tas) 1.59; J. Reid (SA) 1.53; T. Hinde (Qld) 1.53; A. Thomas (NSW) 1.53;

100 Metres Hurdles:

M. Wood (WA) 15.0s W.As; H. Farquhar (NSW) 15.1; J. Alcock (NSW) 15.2; K. Harders (Qld) 15.4; S. Smith (Qld) 16.0; V. Rohan (Vic) 16.0;

Javelin Throw:

K. Cooper (WA) 35.26; C. Wilkinson (SA) 39.92; J. Carlisle (NSW) 31.24; L. Dennis (NSW) 31.00; M. Hallett (NSW) 28.80; S. Smith (Qld) 28.56; L. Kelsall (WA) 28.46; Y. Petkovich (WA) 25.42; T. Baker (Qld) 15.66;

Shot Put:

J. Carille (NSW) 12.25 Q.S. Jn Rec; S. McKimm (WA) 10.63;
 L. Schiller (SA) 10.45; L. Dennis (NSW) 10.04; V. Melville (NSW)
 9.99; L. Wakefield (Qld) 9.94; K. Warby (Vic) 8.86; C. Wilkinson
 (SA) 8.72; L. Kelsall (WA) 8.33; J. Vincent (Qld) 7.16;

Discus Throw:

S. McKimm (WA) 35.28; L. Schiller (SA) 33.26; L. Dennis (NSW) 32.68;
 C. Beales (NSW) 32.52; K. Cooper (WA) 29.82; J. Lockwood (WA) 29.36;
 K. Warby (Vic) 28.20; K. Aarsman (Vic) 27.70; J. Magnay (NSW) 26.72;
 S. Achurch (Qld) 25.08; L. Savimaki (Qld) 27.70;

800 Metres:

M. Brignoli (WA) 1:11.1 Q.S. Jn Rec; Aust S.J. Best; L. Gray (Tas)
 2:12.2; S. Saxby (NSW) 2:12.8; K. Hillier (SA) 2:13.3; H. Wakeman
 (NSW) 2:17.4; S. Boik (Vic) 2:19.7; Y. Petkovich (WA) 2:21.4;
 M. Vize (Vic) 2:22.2;

200 METRES:

S. Sullivan (Tas) 24.6s W.As; G. Millar (Tas) 24.7; M. Baugartner
 (Vic) 24.8; D. Holden (NSW) 25.1; P. Minciullo (WA) 25.3; H. Bowles
 (Vic) 25.4; M. Spitteler (NSW) 25.5; K. Ward (NSW) 26.1;

Long Jump:

M. Lowden (Vic) 5.66; A. Stewart (NSW) 5.58; C. Gray (SA) 5.32;
 K. Aarsman (Vic) 5.26; H. Kropp (Qld) 5.22; K. Watt (Qld) 5.18;
 H. Farquhar (NSW) 5.16; F. Miles (Qld) 5.10; S. Seymour (WA) 4.97;
 T. Armstrong (WA) 4.94; M. Wood (WA) 4.89; A. Window (SA) 4.82;
 J. Riddington (NSW) 4.71;

1500 Metres Walk:

S. Pierson (Vic) 6:43.6 Q.S. Jn Rec; Aust S.J. Best; A. Miller (Vic)
 6:55.3; K. McBride (WA) 6:57.4; F. Burke (NSW) 6:57.5; S. Morgan
 (NSW) 7:17.6; A. Pallier (NSW) 7:23.4; B. Castles (SA) 7:31.4;
 K. Attree (WA) 7:33.6; K. Starkey (Qld) 7:52.6;

4 x 100 Metres Relay:

New South Wales 48.7s (Q.S. Jn Rec); Tasmania 48.8; West Australia
 49.2; Victoria 49.3; Queensland 50.8;

Winner L.O. Mills Shield:

West Australia 4 firsts; Victoria 3 firsts; New South Wales &
 Tasmania 2 firsts; Queensland & South Australia 1 first.

AUSTRALIAN RECORDS

The following records have been approved by the Records
 Committee for submission for confirmation to the Union's
 Conference, 1978.

OPEN:

Discus Throw:	54.34m	Gael Mulhall (Vic)	
		30.11.77	Canberra
Discus Throw	55.64m	Jane Haist (Canada)	
		3.12.77	Canberra
High Jump	1.88m	Debbie Brill (Canada)	
		3.12.77	Canberra
400 Metres Relay (4 x 100m)	44.3s	Australian Team (L. Jacenko, M. Fisher, D. Robertson, D. Wells)	
		3.12.77	Canberra

OPEN RESIDENT RECORD:

Discus Throw	57.40m	Gael Mulhall (Vic)	
		3.12.77	Canberra
Shot Put	16.42m	Beverley Francis (Vic)	
		30.10.77	Canberra

JUNIOR:

Pentathlon	4043 pts	Glynis Saunders (Qld)	
		3.3.77	Sydney

Flo Wrighter
Recorder

NEW SOUTH WALES WOMEN'S AMATEUR ATHLETIC ASSOCIATION

We finished the 1976/77 track & field season with the Australian Championships, which must go down as one of the worst rain-soaked Championships for some time. With two weeks of consistent rain prior to the commencement of the events, particularly on the Friday after the Pentathlon, the ground was flooded. Fortunately the Sydney Sports Ground is such a well drained ground that, despite the heavy track, some very fine performances were achieved.

The 1977/78 year commenced with the usual weekly cross country competition, held during May, June & July, over different courses. This was followed by the Australian Cross Country/Road Walks/Road Relay Championships held at Centennial Park, when the weather was a lot kinder to us. Our usual interclub competition, conducted in grades, was held at the Sydney Sports Ground and on six suburban grounds.

The N.S.W. Board, as mentioned in my last Report, did not eventuate, this being due to a difference of opinion by the A.A.A. of N.S.W. regards to voting rights.

The Shell Coaching Clinics were again conducted in country areas. These coaching clinics, which cover both boys and girls, are well appreciated by both officials & athletes in the country areas.

Despite the fact that the N.S.W. Men's Association registered females last year it did not affect our numbers & we registered 2710 athletes, including 576 juveniles, and 332 officials, a total of 3042 members. In addition 51 male technical officials helped us with competition.

The N.S.W. Men's Association is now to take further female athletes and is to give them 'competition at all levels', which is understood to mean State Championships. This concerns us, and a letter has been sent to all members pointing out the disadvantages if they do not join the Women's Association.

We thank the Queensland Association for the hospitality extended to our Sub Junior team. Congratulations to them for the successful running of the Match.

New South Wales sends its best wishes to Queensland for the holding of the 1978 Australian Track & Field Championships, and trusts that it will be a most successful competition.

Flo Wrighter
Hon. Secretary

QUEENSLAND WOMEN'S AMATEUR ATHLETIC ASSOCIATION

With the Sub Junior Australian Meeting & the combined Australian Championships being held in our City, the Association is extremely busy preparing for these events. The Sub Junior Meeting is combined with the Queensland Amateur Athletic and the New South Wales Amateur Athletic Associations' Under 15 Years Interstate Match.

We are hoping that this will be the beginning of an all Australian Sub Junior Championship Meeting. Our Membership has increased considerably with the prospects of athletes being selected for the above mentioned Meetings. Our Senior total was 74; Junior 180 and Sub Junior 424. The Officials number 111.

Once again the Winter season was an outstanding success both from a School & Association point of view, as with the School Cross Country Championships, more interest is being shown by the School girls to join a local Club to get the necessary competition, and thus Cross Country is now becoming very popular as it should.

The Track & Field events have been marred by high winds each week and it is very hard to gauge the athletes performances under these conditions, most weeks having an assisting wind.

Two Carnivals have been conducted, the C.B.A. - Air New Zealand and the K.B. Games with another midweek Meeting after the Pacific Conference Games in December. These were all arranged by the men's Association.

With the Inaugural All Schools Championships held in Melbourne it is our pleasure to congratulate the organisers, for we feel that this was really beneficial to the Schoolgirl Athletes who were chosen. It is felt though, that it should be held a little earlier in the year, and an Opening and Closing Ceremony introduced.

We also congratulate Glynis Saunders on her selection in the World Cup Team and sympathise with her on not being able to take part in the Pacific Conference Games Trials.

With the establishing of the Australian Athletic Advisory Board with equal representation of both Men's & Women's Unions, it should be a great advancement to athletics in general to be able to discuss problems from both angles. Preparation for the combined Australian Championships and the conducting of same, we hope will be to everyone, a source of enjoyment and of friendliness.

Joyce Bonwick
Honorary Secretary

SOUTH AUSTRALIAN WOMEN'S AMATEUR ATHLETIC ASSOCIATION

During the winter months our athletes enjoy competing at the Cross Country meetings held at various venues, some quite a distance from the City. This means a deal of time & effort for Officials, but the apparent enthusiasm of the increasing number of winter competitors is most gratifying.

The highlight of all competition is, of course, the Championships & we extend our sincere thanks to the New South Wales Association for the hospitality extended to our athletes.

Congratulations must be extended to Queensland Association who so successfully conducted the recent Sub Junior Match.

During the 1977 August school holidays a Coaching Clinic, sponsored by the South Australian Department of Tourism, Recreation and Sport was arranged for some fifty girls & boys from metropolitan & country schools. Country girls were billeted so they could attend both morning & afternoon sessions of coaching in various events. The Clinic was held over a four day period and proved most helpful to the young athletes.

Primary Schoolgirls Championships held in mid October last year were conducted at the University Training Grounds as the Olympic Sportsfield track was undergoing repairs. The change of venue, although a last minute arrangement, did not deter the enthusiastic young competitors. It is obvious that training received by Little Athletic Association members markedly improved ability of this age group as many schoolgirl records were battered in both track and field events.

Registrations again this year increased, and our interclub competition has been highlighted with several State records being made, with, perhaps, special mention to our 14 year old Karen Hillier, who now holds the S.A. Open Residential record for the 1500m event.

Congratulations to the Australian athletes who acquitted themselves so well at the Pacific Congerence Games, Canberra.

We extend our best wishes to the Queensland Association for a happy & successful 1978 Australian Track & Field Championships.

Doreen Shepherd
Honorary Secretary

TASMANIAN WOMEN'S AMATEUR ATHLETIC ASSOCIATION

The 1977-78 Season in Tasmania has been one of great activity and improvement extending from Club to Inter-State level. With the advent of the chevron all weather track performances and times have been improving rapidly, records have been toppling weekly, especially in the Junior and Sub-Junior age groups. New figures have been set in the Junior Long and High Jumps and in the 200, 400, 800 and 1500 metres in the Sub-Junior section. A very

successful Pacific Conference Games Satellite Meeting was held at the Domain Athletic Centre, Hobart on the 7th December, records were broken in the Open 400 metres by Verna Burnard, the Shot Put by Gael Mulhall, and the Long Jump by Lyn Jacenko. A team of 8 girls went to Melbourne to compete in the Australian Schoolboys' and Schoolgirls' Championships and our thanks go to the Victorian Women's Amateur Athletic Association for the many kindnesses shown to them. A team of 8 sub-juniors represented our State in Brisbane for the Annual Sub-Junior Match. We were delighted with their performances it was the most successful Sub-Junior Team that has competed for us. Girls who won medals were Sophie Sullivan 1sts in the 100 and 200 metres, Lisa Gray 2nds in the 800 and 1500 metres, Gail Millar 2nd in the 200 metres. Our Relay Team of Anita Moss, Karen Baldwin, Gail Millar and Sophie Sullivan came in 2nd. Our Association wish to express their thanks to the Victorian Women's Amateur Athletic Association for the kindness and hospitality extended to our six juniors who competed by invitation at the South Australia v's Victoria Match in Melbourne in January. At our Annual General Meeting Life Membership badges were bestowed on Mesdames P. Mickleborough, D. Claxton and M. Green for the meritorious service they have rendered our Association. We have been pleased to welcome several Inter-State athletes at our Saturday Inter-Club Meetings. The 19th June was the opening of a very successful Cross Country Season most runs were held on fine but bitterly cold Sunday morning, the Championships were conducted at Sandy Bay Beach on the 28th August. Morning tea and trophies were supplied by Southern Clubs. The Annual Triangular Meeting between North, North West and South was held on the 26th November '77 at Hobart. On the 4th February we conducted our first State Pentathlon Championship for many years, there were 9 Juniors and 2 Seniors who competed. Our best wishes are extended to the Queensland Men & Women's Associations for a successful combined Australian Championship.

Mavis Ebzery
Honorary Secretary

VICTORIAN WOMEN'S AMATEUR ATHLETIC ASSOCIATION

It is always pleasing to report an increase in Membership. This has been achieved with the affiliation of 1 new metropolitan and 4 country clubs. We now have a total of 41 metropolitan and 30 country clubs.

A most successful Cross Country season was enjoyed by all participants. The season culminated with the National Cross Country, Road Relays and Road Walks in Sydney. Our congratulations to the N.S.W.W.A.A.A. on the successful conduct of the Championships and, our grateful appreciation for their hospitality to our team.

INTERCLUB COMPETITION

To enable our athletes to compete on good tracks we combined with the Victorian Amateur Athletic Association for the current track

and field season and, we share three grounds with them. At this point it is not possible to assess the advantage or otherwise of this move. It would appear that most athletes approve especially as all girls are competing on a comparable surface. However, 80% of Officials at the three grounds are women. This is an area which must be looked at very thoroughly if we are to successfully carry through combined Interclub competition. We continue to conduct our competition on graded ability, however, to maintain our standards, the top girls in Section 1 from each ground meet together every 3 weeks, with turn about on each ground.

The establishment of a squad known as "Moscow 80" consists of selected place getters in the 1977 State Titles. The Footscray Institute of Technology designed a program to aid each individual athlete achieve her optimal level by 1980. The first phase of the programme has been to conduct a detailed physiological, anatomical and psychological profile of each athlete. The Association is solely responsible for the finance of the program, thus, it can be seen we do try to help our girls despite criticisms we receive.

The satellite meeting in Melbourne following the Pacific Conference Games was not as successful as at first anticipated, thought, might be given that such meetings take place before the Games, with the actual Games the climax. We held our Annual Match with South Australia and an invitation was extended to Tasmania who sent a young team to compete, it is generally felt the states concerned will review the future conduct of this match.

Our Sub-Junior team to represent at the Australian sub Junior Match to be held in Brisbane over the 28/29 January is the smallest (numerically) we have sent away, however, we know they will enjoy their brief stay in Brisbane.

Several coaching clinics were held during the year and our Development Committee together with our coaches travelled many miles to promote our sport.

The most successful Track Meet held in Melbourne was the recently concluded K.D. Games. We are grateful to the sponsors for bringing athletes of this standard to our city and, more importantly, giving our athletes the opportunity to compete against top Internationals on the 'home front'.

We convey to the Queensland Women's Amateur Athletic Association our best wishes for the 1978 Track and Field Championship which they will present and conduct with the Queensland Amateur Athletic Association.

Maisie McQuiston
Honorary Secretary.

WESTERN AUSTRALIAN WOMEN'S AMATEUR ATHLETIC ASSOCIATION

The 1977/78 season is proving to be for Western Australia one of enterprise and progress. Our registrations have increased and we have maintained the interest of our Juniors to continue into Senior ranks. 71 Seniors, 106 Juniors, 183 Sub Juniors and 120 Officials - Total 480 members. We have 13 metropolitan clubs and 4 country clubs.

The Track & Field competition continues with a grading system, Seniors, Juniors and Sub Juniors and our athletes in various age groupings are reaching a high standard of performance.

Schoolgirls' State Championships created increased interest this season as a Team was drawn from these Championships to compete at Melbourne in the inaugural All Australian Schoolgirls' Championships.

The Interstate Sub-Junior Match, has held the interest of our Sub Junior members as many are aiming so hard to make selection to compete at Brisbane. Our Junior and Senior athletes look forward to Joint Australian Track & Field Championships and we extend our best wishes to the Queensland Women's Amateur Athletic Association for a very successful Championships.

During the weekend of our Schoolgirls Championships, Canberra was the venue for the Pacific Conference Games Trials. We congratulate the members of the team selected at these trials to compete at the Pacific Conference Games. Their performances were outstanding. Our congratulations to Miss N. Patterson upon her appointment as Assistant Women, Manager.

The Satellite Meeting held at Perth was a tremendous success and it was wonderful to see a large grouping of International Athletes assemble in our State.

To all members selected to compete at the World Cup and to Mrs. M. McQuiston, Assistant-Manager Women, our congratulations.

What a harvest of Interstate and International competition our athletes are being offered as yet another team will soon be selected to compete in the Australia v New Zealand Match in April.

The promotion of overseas competition to our Juniors, through the sponsorship of A.G.C. must be highly commended. Our appreciation to the A.W.A.A.U. who worked so hard in obtaining the sponsorship of A.G.C. towards the promotion of this tour and other promotional programmes for women athletes in Australia.

Our various committees have been most active, particularly the Executive and at time of writing the dream of all athletes is fast becoming a reality - Perry Lakes Stadium is under construction and the State Government and Perth City Council have made a financial contribution of \$626,000 for the laying of a Rekortan Track.

Our Cross Country season provided a very full programme and our girls acquitted themselves very well at the Australian Championships in Sydney. However our State lacks interest in Road Walking.

We are most delighted to record that our President, Mrs Gwen Chester was awarded Citizen of the Year - Sport. Mrs. Chester has given many years to the development of sport in our State and we feel this is indeed a very deserving award to a dedicated Officer.

To all athletes selected to represent Australia at the forthcoming Commonwealth Games we wish them every success and best wishes to the appointed Assistant Manager-Women.

Val Hancock
Honorary Secretary.

CONGRATULATIONS

Congratulations on behalf of all members of the Union for their awards in 1977 to:

Mavis Ebzery on the award of the A.O.M.
Wendy Ey on the award of the D.E.M.
Gwen Chester on the award of Western Australian Citizen of the Year - Sport.

VALE

It is with regret we record the passing, during the year of several loyal supporters of our sport:

Mr. W.M. (Bill) Ryan who contributed so much to the foundation of our Union and acted in an advisory capacity in its early stages.

Miss Mary Green, Olympian, former Honorary Secretary of the N.S.W.W.A.A.A. who materially assisted in the annual compilation of the Almanac.

Mr. Alf Robinson, husband of our Union's President.

The inspiration they provided over many years will remain a tribute to their memory.

APPRECIATION

Sincere thanks to all Union Officers and Committee members and also to the Officers of Constituent Association for their continued enthusiastic support.

We are most appreciative of the help given by Honorary Auditor, Mr. G. Carruthers and Legal Adviser, Mr. P. Opas.

The sponsorship so generously offered by the Australian Guarantee Corporation and Rothman's National Sports Foundation

provides a much needed stimulus and materially assist in improving standards in the future for our sport.

Again we are indebted to Mrs. Beth Holden for her efficient handling of Conference Minutes and to the late Miss Mary Breen for assistance with collation of statistics for the Almanac.

Our President, Mrs. Mabel Robinson, has earned an accolade for accomplishing a demanding task during her term of office. My personal thanks to her for her help.

CONCLUSION

We face the year ahead with a strong administrative structure, financial stability and an optimistic approach to the many challenges we will encounter and look to continued progress and development of Women's Athletics in the future.

Let us "learn from the past, live in the present and work for the future."

On behalf of the Australian Women's Amateur
Athletic Union.

Doris I. Hagee.
Honorary Secretary.

AUSTRALIAN WOMEN'S AMATEUR ATHLETIC UNION
RECEIPTS AND PAYMENTS FOR PERIOD ENDING 10th FEBRUARY, 1978

RECEIPTS

Balance at 1st February, 1977	2459.74
Affiliations - 1977/78	80.00
Commonwealth Administration Grant	2000.00
Loan International Fund	1700.00
Levies - 1977/78 (50% Intern'l)	1388.60
Profit Australian Championships 1977	752.12
Sale of Handbooks	645.95
ABC TV Rights	1000.00
Less paid to NSWAAA	<u>1000.00</u>
Interest on Investment	822.52
Donations	50.60
Sale of Dadge	60
Bank Interest	74.01

\$ 9974.14

PAYMENTS

Affiliations - Aust. & International	152.28
Conference Expenses	79.50
Handbooks	556.25
Telephone, Trunks & phonograms	690.49
Printing & Stationery	86.83
Travel Reimbursement	90.20
Secretarial Expenses	700.00
Postages	135.28
Florist	12.00
Accommodation - Board Meeting (Scty)	47.80
P.C.G. Luncheon	34.00
Unique Book	<u>5.00</u>
	2589.63

PCG TRIALS

Fares	3043.30	
Accommodation	<u>588.00</u>	3631.30
<u>NZ/AUST. Match</u>		
Accommodation	58.00	
Far Reimb. W.A.	608.55	
Competition U/form	<u>236.55</u>	
	983.10	

<u>Less Contrib.</u>		
Received	<u>983.10</u>	-
<u>Travel Subsidy Special Conference</u>		
Reimb. W.A.	301.00	
<u>Less Contrib. Recd</u>	<u>186.00</u>	115.00
<u>Board Meeting</u>		
Refund Fares W.A.	224.50	
Accommodation	<u>102.50</u>	
	327.00	
<u>Less Contrib. Recd</u>	<u>327.00</u>	-
Balance at Commonwealth Trading		
Bank 10th February, 1978		<u>3630.21</u>

\$ 9974.14

SAVINGS ACCOUNT - GENERAL

<u>Receipts</u>		<u>Payments</u>	
Bal. at 1st Feb. 1977	340.14	Balance C/fwd	352.89
Bank Interest	12.75		
	<u>\$352.89</u>		<u>\$352.89</u>

INTERNATIONAL FUN - SAVINGS ACCOUNT

<u>Receipts</u>		<u>Payments</u>	
Bal. at 1st Feb. 1977	2697.79	Loan to General A/c	1700.00
Bank Interest	84.41	Balance C/fwd	1082.20
	<u>\$2782.20</u>		<u>\$2782.20</u>

BALANCE SHEET AS AT 10th FEBRUARY, 1978

<u>Liabilities</u>		<u>Assets</u>	
<u>International Fund</u>		<u>Investments Alliance</u>	
Investments	7000.00	Holdings	7000.00
Loan	1700.00	Medallion Dies	70.00
Levies	694.30	Filing Cabinet & Copier less depreciation	122.00
Bank	1082.20	10476.50	
Futurian Press	45.50	<u>Commonwealth Bank</u>	
TAA PCG Trials (Vic)	663.20	Trading A/c	3638.21
Accumulated Funds	1080.10	Savings A/c	352.89
		Inter Fund	1082.20
	<u>\$12265.30</u>	5073.30	
		<u>\$12265.30</u>	

ACCUMULATED FUNDS

Balance as 1st Feb. '77	2812.38
1977-78 General Surplus	562.22
Commonwealth Grant	2000.00
	<u>5374.60</u>
<u>Less</u>	
P.C. Games Trials Competitors travel & accommodation	<u>4294.50</u>
<u>Balance</u> of Accumulated Funds at 10th Feb. 1978	<u>\$1080.10</u>

N. Gould Honorary Treasurer.
 H.G. Carruthers, F.A.S.A. Honorary Auditor.
 Date: 12th February, 1978